




Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Coming June 21st - Material Girls (Adele, Madonna, Lady Gaga & Cher) Tribute Concert Cost \$15.00	Photo Contest Closing date June 19th. Ask for details!	1 Your Community Harrison Park Nature Walk 2 - 3pm	2 ARTopia Group Tom Thomson 1:30 - 3:30	3 Meet N Greet 10:30 - 11:30 No Yoga Music Group 2:00 - 3:30 Music exploration with Tara	4
5 Mental Health Week 	6 Breakfast at Union Place 8:30am Meet N Greet 10:30 - 11:30 Volleyball 2:00pm	7 Night at the movies Galaxy Theatre (Times TBA)	8 Consumer Conference "Togetherness" 9:30 am - 3:30 pm	9 CMHA Volunteer Opportunities Including info on Ride Don't Hide 1:30 - 3:00 pm	10 Meet N Greet 10:30 - 11:30 No Yoga GBHS Coffee House 1:30 - 3:30 pm	11
12	13 Meet N Greet 10:30 - 11:30 Healthy Kitchen Spring Recipe 12:00—2:00 Gentle Fit - 2:00 - 3:00	14 Hike with Jim Merle Gunby Loop 11:45 - 1:30	15 Conversation Café "Emotions" 1:30 - 3:00	16 ARTopia Group Tom Thomson Painting 1:30 - 3:30	17 Meet N Greet 10:30 - 11:30 Yoga -12:30 - 1:30 Music Group—Coffee House 2:00 - 3:30	18
19	20 Victoria Day Office closed	21 H.O.P.E (Harvesting our personal expertise) Knitting with Jan 1:30—3:00	22 Men's Group Pool at the Bowling Alley 2:30 - 3:30 Women's Group TED Talks 1:30 - 3:00 pm	23 Photography Challenge Spring Scavenger Hunt! 1:30 - 3:00	24 Meet N Greet 10:30 - 11:30 Yoga -12:30 - 1:30 Colouring with Emily & Grace 2:00 - 3:30	25
26	27 Meet N Greet 10:30 - 11:30 Volleyball 2:00	28 Baseball Harrison Field 2:00 - 3:30pm	29 H.O.P.E (Harvesting our personal expertise) Melanie's Treasure your Talents 1:30 - 3:00	30 What to know about Gambling! Guest Speaker 1:30 - 3:00	31 Meet N Greet 10:30 - 11:30 Hike with Jim 11:45 am Yoga -12:30 - 1:30 Music Group 2:00	